

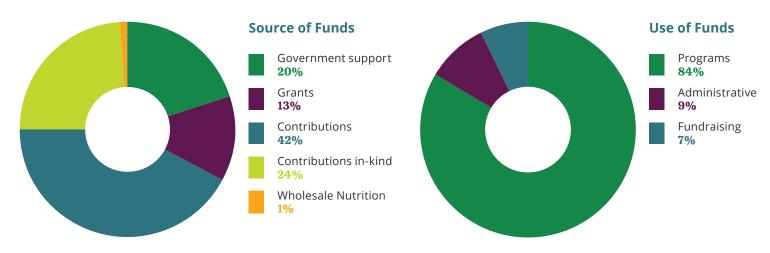
# Annual Impact Report

FY2023



### **Source & Use of Funds**

The impact of the Chester County Food Bank extends beyond putting food on the table. We distribute food with the goal of not only providing nourishment, but also reducing the hardship in making difficult financial choices such as deciding between paying for medicine or paying for groceries. Thank you for your investment in our food security efforts to fuel our vision for Chester County.



CHESTER COUNTY FOOD BANK

# Collaborative Access: Navigating a Nourished Community

Amidst ongoing challenges, the Chester County Food Bank (CCFB) remains steadfast in its commitment to ensuring access to healthy food for all. Reflecting on this past year, we are eager to unveil a story of unity, innovation, and collaboration that forges pathways to healthier communities.

Our journey to create a food secure Chester County has been one of resilience and adaptation. Through a deep-rooted belief in collaboration, we have harnessed the power of partnerships to drive change. Our efforts have yielded remarkable results, and over the following pages, we will showcase our impact.

Anchored in our mission, we have proudly distributed over 3.5 million pounds of food, with over 55% being fresh fruits and vegetables. A defining aspect of our approach is our commitment to prioritizing nutrition, sourcing local produce, and upholding the dignity of every individual we serve.

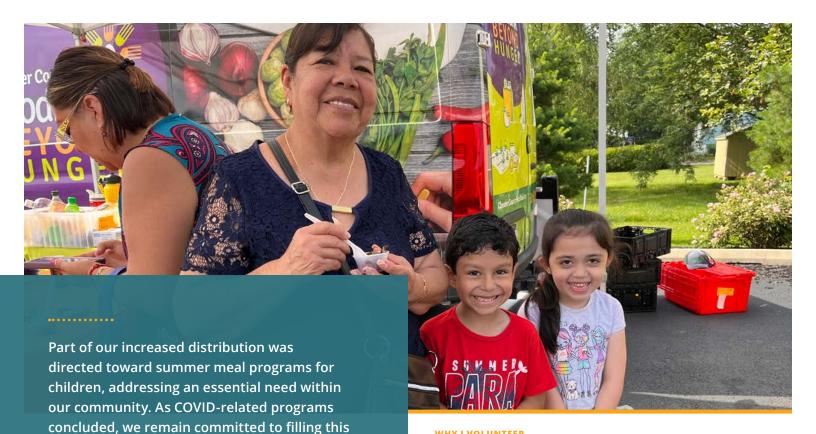


Through advocacy, education, equitable food distribution, and the efficient management of resources, we continue to set new benchmarks for efficiency and impact. Remarkably, 84% of all contributions directly fund our programs and operations, amplifying our ability to provide wholesome sustenance to those battling food insecurity in Chester County.

We thank you and ask for your continued support as we navigate this path TOGETHER.

With gratitude,

Andrea Youndt, CEO



service gap, ensuring that children have access

to nutritious meals during the summer months.

#### WHY I VOLUNTEER

"I have a full fridge at home — yet people in Chester County are hungry. We CAN make a difference!"

- Tim



...........

# 10% More Food Distributed Throughout Chester County

Navigating the complexities of inflation and supply chain disruptions requires innovative solutions. CCFB has strategically enhanced our procurement processes to optimize sourcing efficiency, maximize cost-effectiveness, and leverage our vendor relationships. This approach allowed us to make the most of every dollar invested in procuring food resources. We maintained a steady supply of food to the community, even in the face of having to allocate an additional one million dollars toward food costs. This achievement has been made possible thanks to the generosity of our dedicated donors.

We continually strive to enhance our services. Our efforts have led to the expansion of food choices, with a focus on culturally familiar food and prioritizing local sourcing. We are actively working to transform even more food cupboards into a choice pantry model, allowing individuals to select items that best suit their dietary preferences and needs.



# Prioritizing Local Sourcing and Incorporating Culturally Diverse Foods

El Sombrero, Avondale, PA

El Sombrero's reputation for crafting high-quality, traditional corn tortillas aligns seamlessly with our goal to offer food choices that resonate with the diverse cultural backgrounds of those we serve. By fostering these relationships, we not only support the local economy but also contribute to the vibrant tapestry of cultures that enrich our community.



**Food as Medicine** refers to the idea that food and nutrition can be used to prevent, manage, and treat various health conditions. This concept emphasizes the importance of a healthy diet in promoting optimal health and preventing chronic diseases.

#### WHY I VOLUNTEER

"We have volunteered the past few summers at Springton Manor Farm and believe in CCFB's cause and mission."

- Craig & Annalise



# 50% Increase In Participation with Our Fruit & Vegetable Prescription Program

As a follow up to our published Community Food Security Assessment, we are distributing a large-scale survey to gain deeper insights into how we can enhance the well-being of our community members. We hope to continue to reshape how our neighbors interact with charitable food services and the healthcare system, fostering the health of individuals affected by food insecurity. By providing access to nourishing food, a 'Food as Medicine' initiative empowers those with chronic conditions to attain improved health outcomes.

Drawing inspiration from this concept, CCFB has partnered with nine local healthcare providers to offer a Fruit & Vegetable Prescription, connecting targeted communities with fresh, locally grown fruits and vegetables.

Patients who screen positive for food insecurity by their healthcare provider receive a produce prescription which can be redeemed weekly at CCFB's Fresh2You Mobile Market. Over the past two years, we have increased participation **by over 50%** and now offer the program to nearly 350 households.



## Fruit & Vegetable Prescriptions



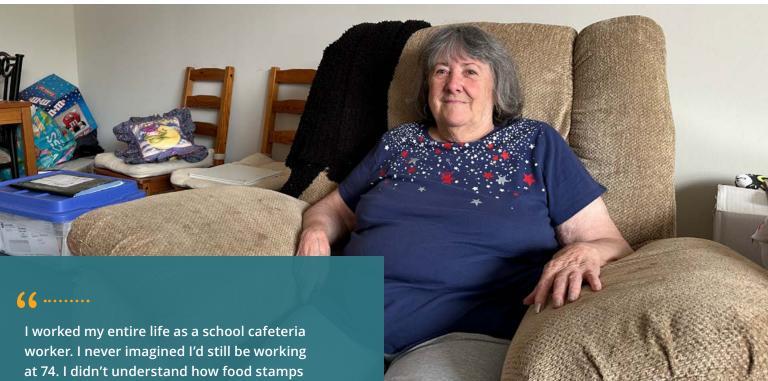
The starting value of a Fruit & Vegetable annual prescription. Total prescription value varies based on household size.

There is NO COST to participants.

66

Let food be thy medicine, thy medicine shall be thy food."

Hippocrates



worked my entire life as a school cafeteria worker. I never imagined I'd still be working at 74. I didn't understand how food stamps worked and the Food Bank helped me get them. I've been able to buy the food I need and take care of my heart issues."

— Joan, SNAP Recipient

#### FOOD FOR THOUGHT

If a person is receiving SNAP (food stamps), they are less likely to be food insecure.



# Over 55% of SNAP (Food Stamps) Recipients are Children & Seniors

Joan is part of a growing wave of older neighbors needing food assistance. Joan has a heart condition and requires life-saving treatment; however, she was unable to miss work at her part-time job at a local grocery store to have the necessary surgery. Her social security was not enough to make ends meet. With assistance from CCFB to help her obtain Supplemental Nutrition Assistance Program (SNAP) benefits, Joan is now able to address her medical issues.

The cost of living crisis in Chester County is adversely impacting thousands of neighbors who, like Joan, have to decide between paying for food, rent, or medical care. Government funded SNAP helps eligible low income people buy food.



In Fall 2022, SNAP eligibility increased to 200% of the federal poverty level enabling more neighbors access. CCFB expanded our services to assist neighbors in applying for SNAP to supplement their grocery expenses. Although SNAP proves advantageous and unemployment rates in Chester County are at a record low, **food demand is still at record levels.** 



## Every \$1 in SNAP generates \$1.70 in economic activity

# Filling the Gap

With the termination of the COVID-19 Public Health Emergency designation, poverty relief programs such as SNAP and summer student feeding have been eliminated or reduced. This has required CCFB to fill this gap in government assistance by providing more food to the households who have been hit hardest by these changes. CCFB has spent \$1 million more this fiscal year. **We absorb all costs without burdening our network partners** — **keeping service fees at \$0.** 

\$55,512

Maximum income (before taxes) to receive SNAP/EBT (food stamps) for a family of four with two children living in Pennsylvania.

50%

Percentage of food insecure households in Chester County that are **not eligible for government food assistance** because their income is too high (eligibility gap).

Source: Feeding America Map the Meal Gap

\$111**,072** 

Living wage in Chester County for a family of four with two working adults

MIT Living Wage Calculator

## **Cost of Living Crisis**

Despite some signs of slowing inflation and a less rapid increase in grocery prices in Chester County, many residents are still facing financial challenges. The struggle to balance housing costs and putting food on the table persists for thousands of neighbors in Chester County.



## **How We Work**

**CCFB** is the central hunger relief organization serving 160+ partner agencies in Chester County. Through our network of food cupboards, hot meal sites, shelters, and other social service organizations, we serve over 40,000 people through access to real, healthy food and education and wellness.









3.2 million

**Meals Distributed Annually** 



**FOOD SOURCES** 

**50% Purchased** 

29% **Donated** 

21%

Government









and a chance to make things better for my family."

— **Quanita**, FRESHstart Kitchen Graduate Summer 2023

me apply for unemployment. They gave me hope

#### **WHY I GIVE**

"I prefer to contribute locally rather than to larger national nonprofits."

— Linda



# 190% Increase in Applicants for Our Workforce Development Program

FRESHstart Kitchen™ is our transformative culinary arts workforce development program that lights a beacon of hope for those experiencing a barrier to employment. Rooted in the acronym FRESH — Focusing Resources on Employment, Self-Sufficiency, and Health — it's not just about cooking; it's about crafting futures. Guiding students towards confidence and skills, FRESHstart Kitchen opens doors to a career in the restaurant and hospitality industry. Tailored support, aligned with individual goals, accompanies the journey. We understand that self-sufficiency begins with sustainable employment, paving the way for both food security and life stability.

Our participants come with stories of resilience — navigating generational poverty, incarceration, addiction recovery, mental health challenges, and more. With unwavering determination, we break down barriers that have long confined them.



This past year we piloted a modified development program collaborating with **HC Opportunity Center (HCOC)**. Working with clients of HCOC, we offer volunteer opportunities that parallel vocational tasks, foster social connections, and contribute to our vital food distribution operations.

# Thank You to Our Donors

#### WHYIGIVE

"I give because I have been in a place where I have needed to depend on help and now want to do the helping."

#### — Constance

### \$100,000+

Anonymous (2)

The Bentley Family

Davenport Family Foundation

Bob & Jennifer McNeil

#### \$50,000+

Anonymous (2)

Chappell Culpeper Family Foundation

Claniel Foundation

Deerbrook Charitable Trust

Hankin Foundation

The KCK Foundation

Rodman & Alice Moorhead

Caroline Moran

The Pennsylvania Hunt Cup

QVC

Vanguard

The Wyss Foundation

#### \$25,000+

Ahold Delhaize USA Family Foundation

The Albertsons Companies Foundation (ACME)

**Applestone Foundation** 

Barnstone Foundation

Brandywine Valley Water Garden Association

Edward & Julie Breiner

The Casey-Dick Giving Fund

Chester County Community Foundation

Communications Test Design, Inc.

Customers Bank

Marjorie Findlay & Geoff Freeman

Fred Beans Charitable Foundation

Ann S. & Steven B. Hutton Fund

Dallas & Di Krapf

Marshall-Reynolds Foundation

The McLean Contributionship

McLelland Family Foundation

Michael & Anne Moran

The Leo and Peggy Pierce Family Foundation

Plurabel Fund

Pottstown Area Health and Wellness

Foundation

The RJM Foundation

Samuel Slater & Lornie Forbes

United Way of Greater Philadelphia

& Southern New Jersey

Kaitlyn & Marc Ward

WMI Charitable Trust

#### \$10,000+

Franny & Franny Abbott

Alliance for Health Equity

Joseph & Joan Baker

Bank of America

The Barra Foundation

Blanchard Family Foundation

Blue Sky Family Foundation

Adean Bridges

Carita Foundation

Chester County Hospital

Citadel Federal Credit Union

The Colket Foundation

The Dansko Foundation

Delphi Wealth Management Group

DFT, Inc.

Robert and Joan Dircks Foundation

Donna Douglas

Brad & Anne Dyer

Emerson Charitable Trust

Fair Food Network

First Cornerstone Foundation

The GIANT Company

Gary & Teresa Halpern

Robert & Linda Haver

James S. Herr Family Foundation

Peter & Elizabeth Hoover

Stewart Huston Charitable Trust

The Huston Foundation

IMC Charitable Foundation

Independence Foundation

Mrs. Henry A. Jordan

E. Kahn Development

Kidogo Foundation KTA Funding Hope Foundation Robert E. Lamb Foundation Robert & Betsy Legnini Lettershanna Holdings Limited II Abe Littenberg Foundation, Inc. M&T Bank Charitable Foundation Jane C. MacElree Family Foundation Jeff & Carolyn March Margaret Brower Kevin McDermott Barry McHale & Sandra McNair Tvler & Ale McNeil Meridian Bank Ranney & Terri Moran David & Phyllis Moser Kenneth & Moira Mumma The Roemer Foundation Rotary Club of Coatesville **RSF Social Finance** The Schiel Family Foundation SEI Giving Fund Scott & Jennifer Simpson Tons of Turkeys United Way of Chester County **Uwchlan Township Industrial** 

James Wallace & Kelly Baker Wealth Enhancement Group Wegmans Food Markets Wells Fargo Foundation West Pharmaceutical Services, Inc.

\$5.000+ Anonymous (2) John & Deborah Abel Corrine Ackerman Allan Myers AmeriHealth Caritas Services LLC Ianak Amin Kenneth & Chris Beck The Becket Family Foundation Theodore Beringer Brown Brothers Harriman Trust Company of Delaware, N.A. Henry & Martha Bryans Glenn & Diane Burkland **Burlington Stores Foundation** Diego & Linda Calderin Calvary Chapel Chester Springs

Anthony & Donna Cianci

Bryan & Jayme Colket

Sheila Clancy

Ruth Colket

Bill & Jean Cotter Coventry Lions Club Envestnet Asset Management, Inc George & Nancy Fasic Freeman Family Foundation Carolyn Ginther Andrew & Sara Gledhill The Gunard Berry Carlson Memorial Foundation, Inc. Daniel & Sandra Hansen High Point Financial Tim Horn Rvan Kadri & Lisa Clark KeyBank Foundation Awais Khan Lamb McErlane, PC Life Diagnostics, Inc. The Lipstein Family Foundation Ian & Mary MacKinnon Matlack Florist Minneapolis Foundation Larry & Cindy Moore The John and Shirley Nash Foundation Independent Order of Odd Fellows -Paoli Lodge No 294 lames & Lauren Palmer

Marie Pendergast

Pershing PIP Imports & Domestics, LLC Presence Bank The Dale L. Reese Foundation Riley Riper Hollin & Colagreco | Attorneys At Law S & I lewelers Inc. SD-FHA Holding, Inc. John Serock Catering St. Luke Evangelical Lutheran Church Greg & Emily Stahl Louis L. Stott Foundation Margaret Dorrance Strawbridge Foundation Gretchen Swanson Center for Nutrition Don Thompson Alan & MaryEllen Troy VCC Healthcare Solutions Patrick & Anne Ward Harry & Christine Whaley WSFS Bank Stephen Young & Jennifer Fronda. Continued on Next Page  $\rightarrow$ 

**FY2023 IMPACT REPORT** 

Clarence J. Venne Foundation Trust

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Anonymous (2)

American Endowment Foundation

AmerisourceBergen Corporation

Arthur Hall Insurance

Steven R. Atkinson

Larry & Janice Baker

Ryan Barrows

Chris Bialas

Big Lots, Inc.

Elizabeth Blake

Brownbacks U.C.C. Missions

**Building Impact** 

William Carl & Ruthie Kranz-Carl

Cars4Cause

Robert Cashman

Cisco Systems

Edward & Kathleen Davidson

Michael & Kimberly DeHaven

Colleen Del Monte

Christopher & Jennifer Deluzio

Glenn Dever

Dickey Charitable Lead Trust

Julie Dietrich

John & Tamra Dodds

Dolfinger-McMahon Foundation

Thomas & Melanie Doyle

Shawn & Mary Beth Flannery

Philip & Susan Floyd

James & Bonnie Friedman

GlaxoSmithKline Foundation

Global Atlantic Financial Co.

Pamela Gray Nadine Hanna

Denny & Michele Howard

C. Eugene Ireland Foundation

JPMorgan Chase Foundation

Susan Kelly Petra Kikuchi

Margaret Lang

Larking Hill Foundation

Lionfield Technology Solutions, Ltd

Jeffrey & Jennifer Marshall

Melissa Mastronardo

Lisa McGrath

Kristin McGurrin

McKee Risk Management, Inc

Peter & Heidi McKenna

Michael & Susan Miller

**Emily Moran** 

Mutual Fire Foundation, Inc.

National Restaurant Association

Educational Foundation

Charles & Patricia Neral

North Star Orchard Scott & Susan Patterson

Scott & Susan Patterson

Pennsylvania American Water The Philadelphia Foundation

PNC Bank

Jack & Theresa Quinn

Michael & Susan Rhile

Joseph & Sandra Riper

David Rosenberg

Rotary International District 7450, Inc.

Joseph & Eileen Sabbatino

Saint Matthews Lutheran Church

Sauder Schelkopf LLC

Saul Ewing LLP

Peter & Karla Senescu

Signal Service, Inc.

St. Paul's Lutheran Church

James & Tiffany Steele

David & Judith Stone

John & Jill Sundquist

Michele Thompson

Top Dead Center Motor Club

United Way of Delaware

UPL NA Inc.

Valley Forge Financial Group

Charitable Giving Fund

Abby Van Pelt

Ryan Walter

Holly Warren

Douglas & Cynthia West

Charles Williams

Wood Shop at Hershey's Mill

Peter & Eliza Zimmerman

Every effort has been made to ensure the accuracy of this impact report. We would appreciate notification of any errors or omissions in order to correct our records.

Please contact us with any necessary changes at give@chestercountyfoodbank.org or call 610-873-6000 x104

# **Helping Us Go Beyond Hunger**

**Your support** is the cornerstone of our ability to **continue nourishing** communities, fostering health, and promoting dignity for every neighbor in Chester County.

The challenges we encounter are opportunities for us to come together, and your contribution, regardless of its size, truly makes a positive impact on the lives of our Chester County neighbors.

#### The impact of your donation is profound:



**\$120 supports 21 students**with a weekend
backpack of food



**\$300** supports 24 families with a 20-pound box of seasonal produce through our EatFresh education program



#### **WHY I GIVE**

"We donate on a recurring basis in an attempt to give CCFB support that can be counted on month to month."

— Steve & Jenn, Beyond Hunger 365 Monthly Donors



\$1,200 helps provide 515 half-gallons of locally produced milk



**\$10,000 supports 400 seniors** with a grocery box filled with nutritious non-perishable food

Chair of the Board

Bradley J. Dyer, MD
Founder, All Star Pediatrics

Immediate Past Chair Robert D. McNeil

Founding Chair of Chester County
Food Bank

Emeritus Dick Vermeil

**In Memoriam** 

Mrs. J. Maxwell Moran
Founding Board of Director

Miguel Alban

Customers Bank

Yvonne Bartlett, CPA

Umbreit Wileczek & Associates

Elizabeth Blake

Vanguard

**Ed Breiner** 

Retired, President and CEO of Schramm

Virginia "Ginny" Calega, MD, MBA,

**FACP VCC** 

Healthcare Solutions

Ruthie Kranz-Carl

Retired, Chester County Human Services Department Julie Dietrich, Ed.D.

West Chester University of Pennsylvania

Maureen Hugel

Retired, Physical Therapist and Administrator

Lou Martel

Opinov8

Melinda McCann

Meyer Design

**Kevin McDermott** 

Delphi Wealth Management Group

Joseph G. Riper, Esq.
Riley Riper Hollin & Colagreco

Kate Sheehan

Ourate Retail Group

Jennifer Templeton Simpson

Forge Hill Farms

Anand Solanki

Citadel Federal Credit Union

**Ryan Walter** *ProCFO Partners* 

Patrick Ward WSFS Bank

Florence Zheng Bentley Systems



650 Pennsylvania Drive Exton, PA 19341 610.873.6000

ChesterCountyFoodBank.org

Our Mission is to mobilize our community to ensure access to real, healthy food.